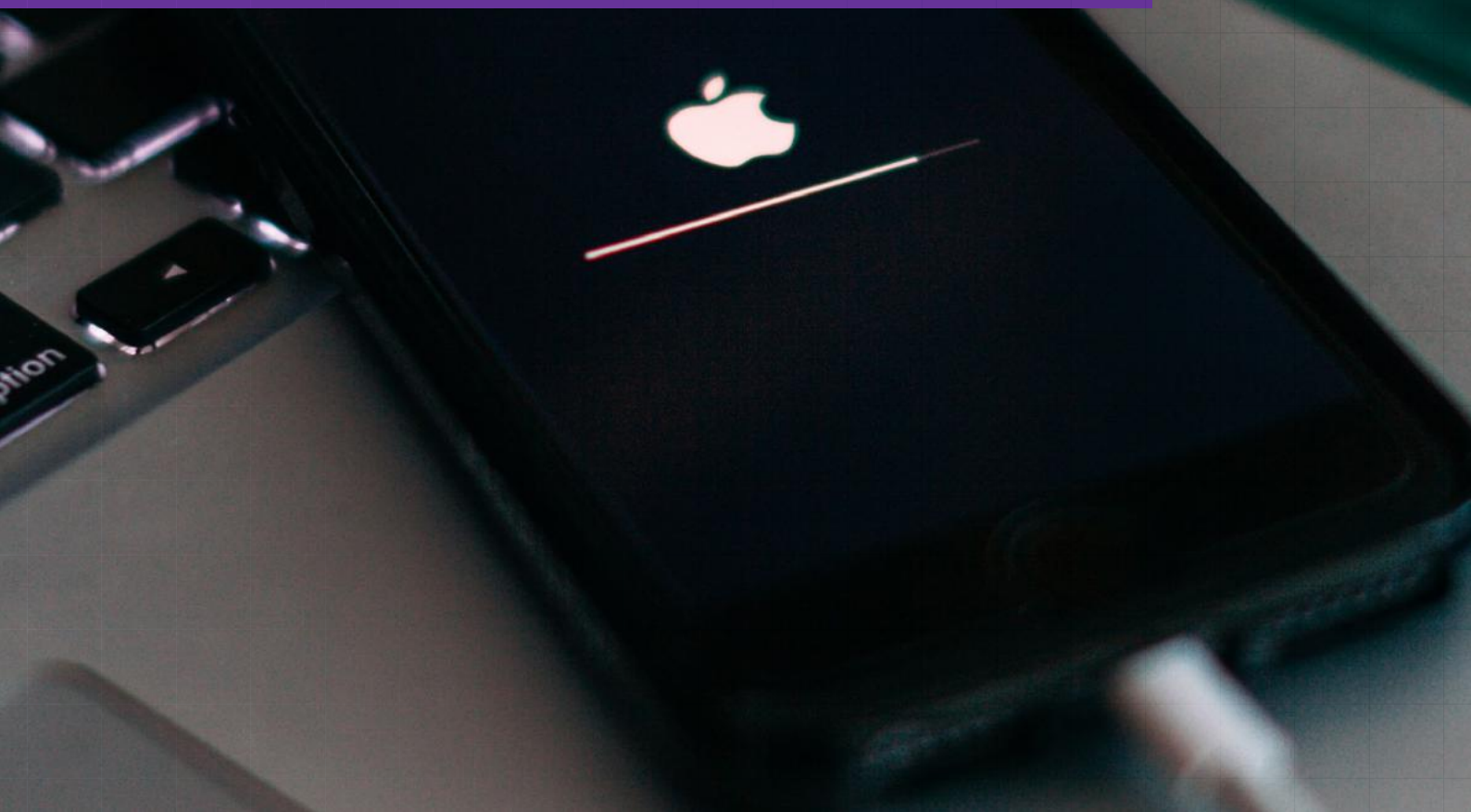# Updates Are Available

Good Practice | Little Book of Nudges

Most of the technology we use
is in constant development.

When we download an app,
we're not just buying into this version -
we'll get all the future updates as well.

The developer will improve it - by adding and
tweaking things regularly… and these days,
we're invited along for the ride.

Whether it's our phones, the apps we use or the websites we visit regularly - at some point in the future, **they'll all change**. An update will eventually become available, with more to follow.



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Everything changes, improves and gets refreshed over time.

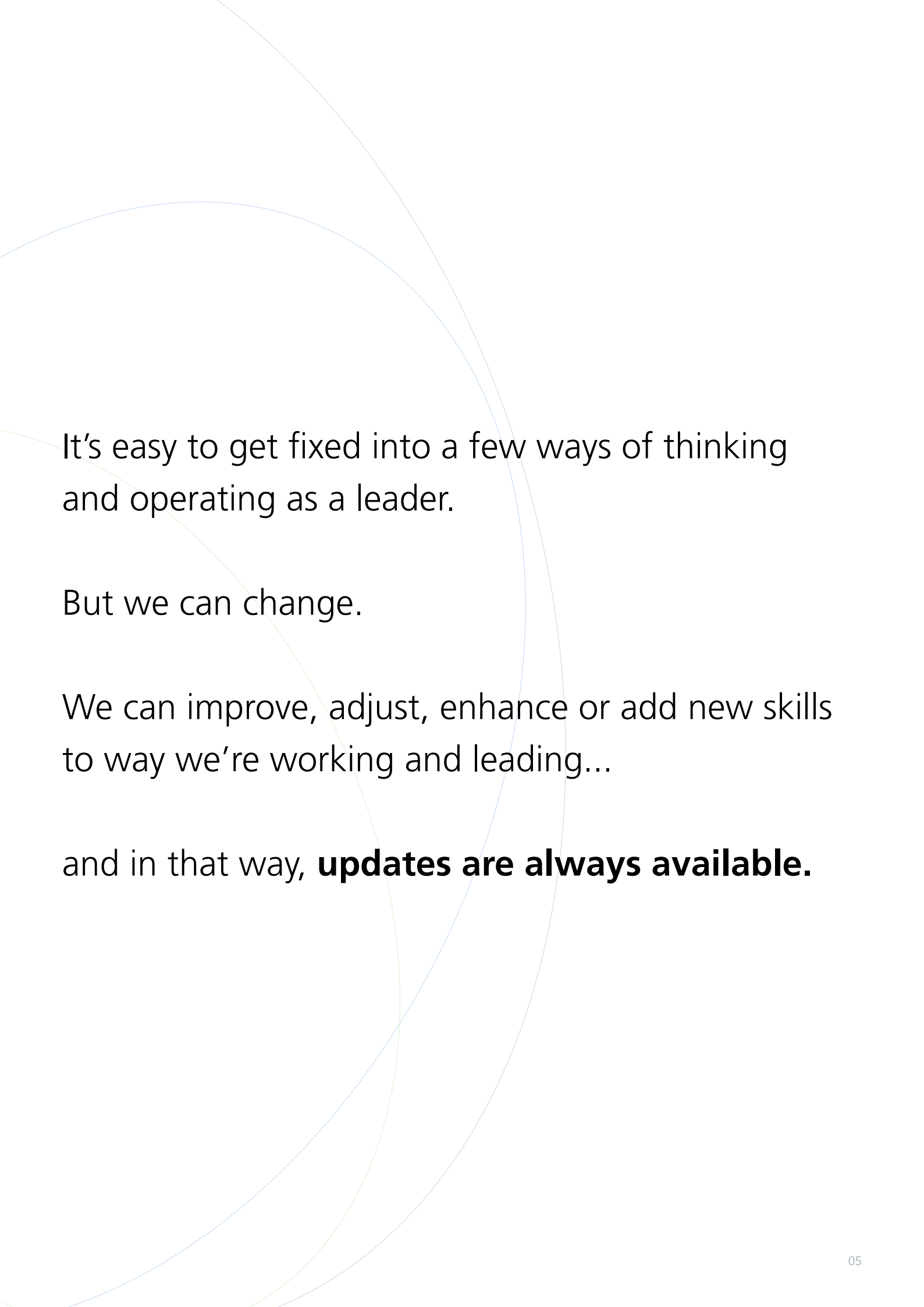But what about our leadership and the ways we manage people?

Updates describe improvements.

Bugs that were fixed.

Patches that made it more reliable.

Tweaks that responded to customer feedback
or things people had been asking for.

New features and benefits that improved
our overall experience.

It's easy to get fixed into a few ways of thinking and operating as a leader.

But we can change.

We can improve, adjust, enhance or add new skills to way we're working and leading…
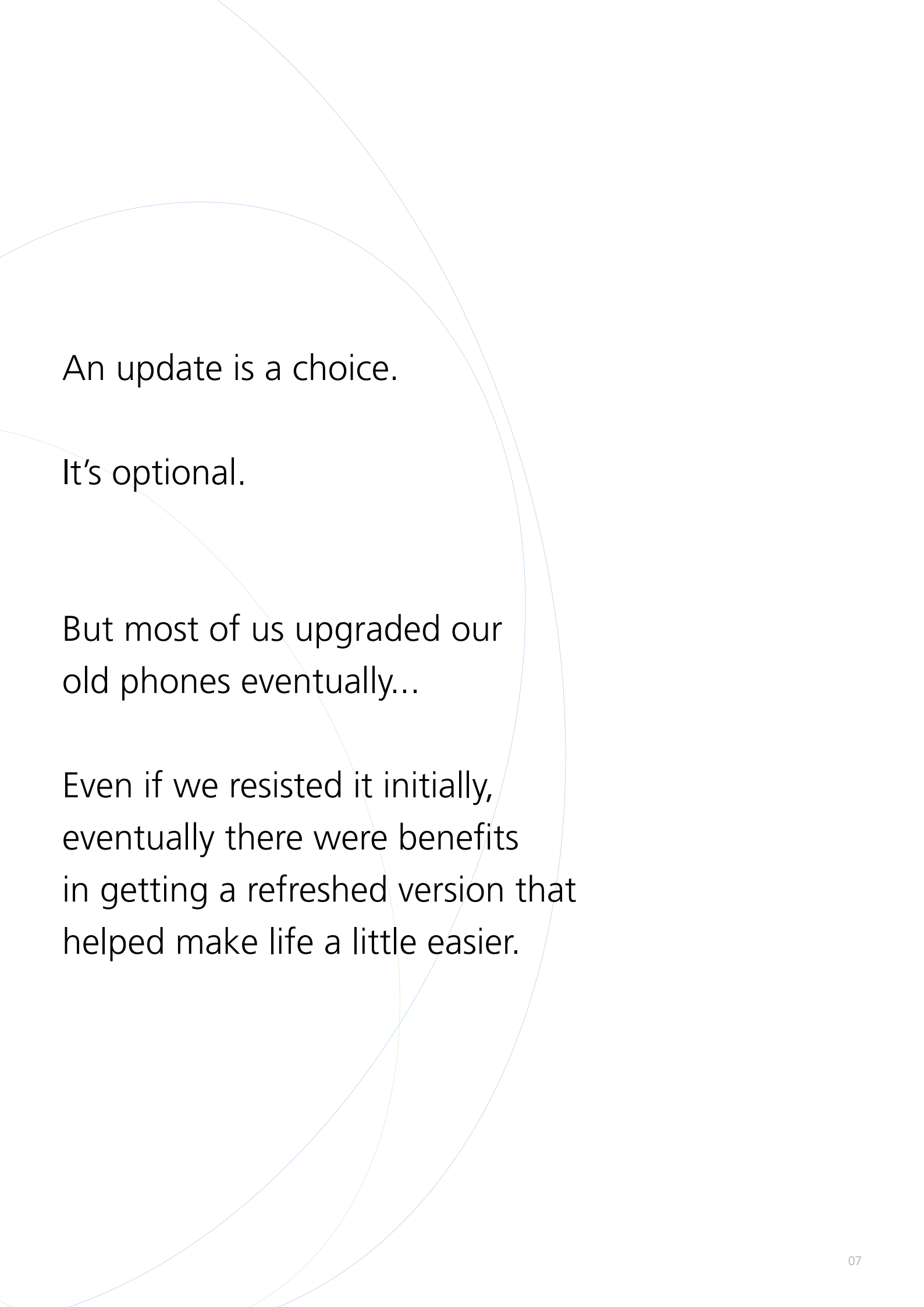
and in that way, **updates are always available.**

What improvements to the way you work would be most useful to you?

Are there any issues or glitches in your leadership that let you down occasionally?

Where have the needs of your team and patients changed, **which might need you to work slightly differently?**

An update is a choice.

It's optional.

But most of us upgraded our
old phones eventually…

Even if we resisted it initially,
eventually there were benefits
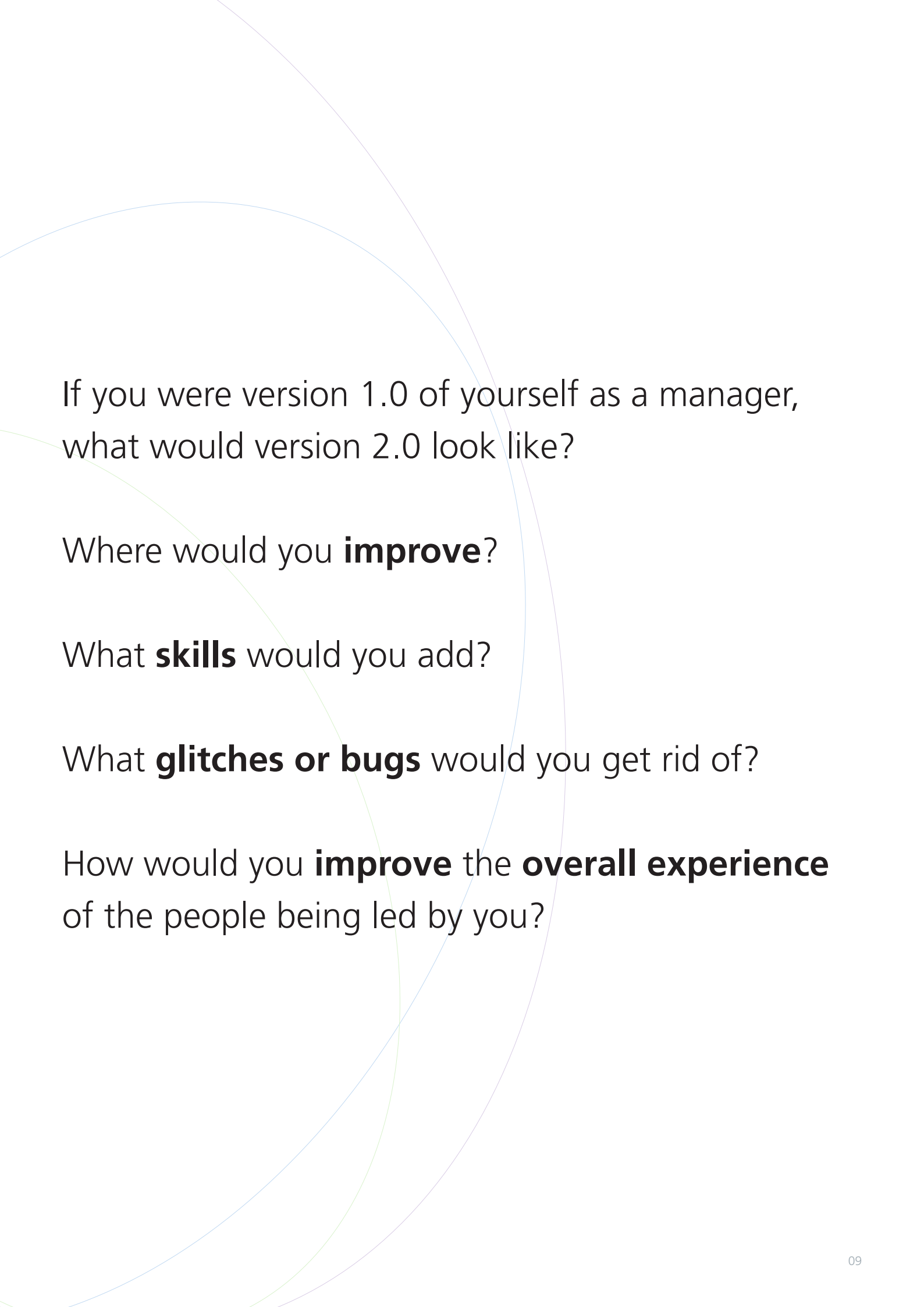in getting a refreshed version that
helped make life a little easier.

Covid was one big update
that none of us expected.

We all had to change what we did
and how we operated.

We installed the update because
we had to… and there's no
'older version' for us to go back to.

If you were version 1.0 of yourself as a manager, what would version 2.0 look like?

Where would you **improve**?

What **skills** would you add?

What **glitches or bugs** would you get rid of?

How would you **improve** the **overall experience** of the people being led by you?

Updates Are Available

Always.

**Update Now?**

Building healthier teams