



Your Golden Hour

The golden hour is a special time before sunrise or after sunset, when conditions are just perfect for photography and film-making. There's that magical glow; the natural light has a warm, reddish hue which makes everything feel more alive.

Most of us have our own 'golden hour' - a time of day when we are at our most efficient and productive.

Take a look at your schedule and working routine.

When's your golden hour?

And is it being used to its full potential?