



Building healthier teams

Positivity = Productivity

A recent multi-year study from a hospital system showed that leaders who encouraged positivity helped their teams weather the storm in the midst of a setback or challenging time.

Staff were happier and more productive. Reported burnout and stress dropped significantly. The teams even commented on how they felt more Connected as a whole.

Reflect on your area this week; what can you control and influence to help your team see the positives?