

Deconstruct, Then Rebuild

Criticism and feedback are extremely valuable tools in both your leadership journey and that of others. They're critical to your success and must be used carefully, as they're a double-edged sword.

Keep it specific. Use 'we' a lot. Don't be judgemental. Offer a development lens. Do it early and often.

And remember, only start deconstructing if you're prepared to help with the rebuilding.