



Who's your buddy?

Many people who exercise have someone they work out with. They have a buddy. And those buddies increase the likelihood that you'll exercise or run on days when you'd rather sit on the sofa and eat pizza.

They develop alongside you, sharing challenges and working out solutions together.

So what about a development buddy?

Who's at a similar stage to you? Who could read the same books and attend the same classes or lectures?

They'd offer an opportunity to discuss and plan how to use what you've learned. You can help each other solve problems. Critique each other's performance. The possibilities are endless.