



Listen

Take a moment to reflect on your communication style.

It's easy to focus on how your words hold immense power as a leader.

But your ears also have great power.

A large part of your job as a leader is to listen.

To hear what others are saying, thinking and feeling, sometimes before they've even realised it themselves.

As a manager in the Trust, you hold great power in how you communicate. Are you effectively articulating your vision and ensuring your team members feel heard? Or do you need to make some changes?

Remember, communication is as much about what is said as unsaid.