

## **Can I Get Your Advice?**

Think back to the last time someone came to you for advice.

Did you listen—really listen—to the problem?

Or did you leap straight into giving them a solution?

It's human nature to solve problems. Chances are, when you're told about a challenge or issue, you go to solution mode immediately. **But if you really want to have an impact, you need to practise a more active form of listening.**