



Building healthier teams

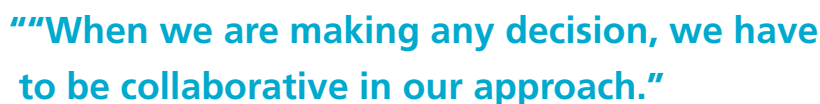


# Develop Your Skills

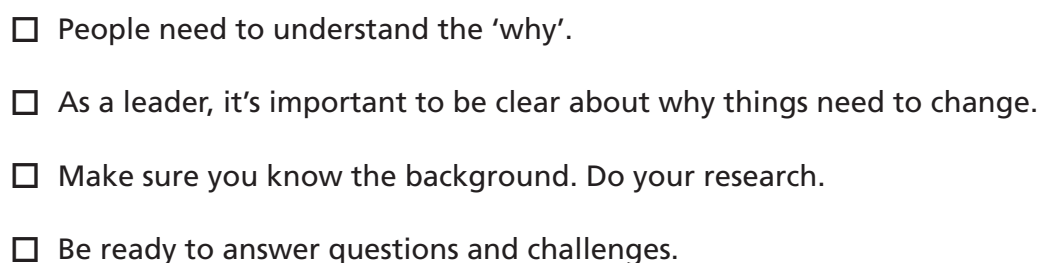
Supporting Workbook

**“Our leadership development is  
really important at UHB”**





Ayesha talks about key leadership skills that our leaders, and future leaders can think about. Being collaborative and bringing a team with you, particularly during times of change, is important. The purpose of what is being done must be shared and explained. Things that need improving won't get better if we keep doing what we've always done.





## Never stop developing your leadership skills



**“When I joined UHB, I’ve been asked to do this Welcome to Leadership programme. I was really happy with this, because it covers all the different aspects that are required for all our leaders.”**

**“I think this is the basic stuff, if all the managers and leaders would do it, they would have an understanding how to manage their teams, how to manage the individuals.”**

**“I would encourage for all managers and the leaders within the organisation to do this basic programme in their own pace and time.”**

Whether you’re just starting out on your leadership journey, or you’ve been managing people for a while, Ayesha advocates completing the Welcome to Leadership Program. It is closely aligned with UHB values, the behaviours we want to see from all colleagues, and our People Promises. Ayesha makes a good point in that these skills are completely transferable. If you lead and manage people, Welcome to Leadership gives you the toolkit to do this successfully at UHB now, and in the future. The program can be completed at your own pace and is available in several formats (video, audio, workbook) so you can choose what works best for you.



- ☐ The Welcome to Leadership Programme is available now and can help you build credibility as a leader.
- ☐ It is a course for aspiring, new, or seasoned managers at UHB to develop the seven fundamental skills of an effective leader.
- ☐ This means it’s available to anyone – so if you’re developing your career but don’t manage people yet, you can still sign up and learn.
- ☐ Sign up and complete at your own pace - [uhb.welcometoleadership.com](https://uhb.welcometoleadership.com)



Notes and reflections:

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