



Kindness Counts

When things get tougher, kindness is often the first thing to slip. Not on purpose. It just gets pushed aside by urgency and pressure.

But people feel it more than you think.
A small kindness can steady someone's day in a way a task list never will.

Look for chances to show it this week. How you speak. How you listen. How you respond when things don't go to plan.

It doesn't need to be grand. Just genuine.
Kindness changes the temperature of a team faster than anything else.